



## Ash Wednesday Schedule February 22

**Mass and Distribution of Ashes -**

**8:30 AM - Immaculate Conception Church**

**Liturgy of the Word and Distribution of Ashes -**

**12:00 Noon - St. Joseph Church**

**Liturgy of the Word and Distribution of Ashes -**

**7:00 PM - Immaculate Conception Church**

**Adoration will end at 6:00 PM on Ash Wednesday.**



### Join us for Stations of the Cross this Lent, each Friday at 7:00 PM.

**February 24 - Immaculate Conception Church  
Deacon Pat Hood**

**March 3 - St. Joseph Church  
Deacon Dean Gilbert**

**March 10 - Immaculate Conception Church  
Deacon Pat Hood**

**March 17 - St. Joseph Church  
Deacon Dean Gilbert**

**March 24 - Immaculate Conception Church  
8th Grade Confirmation Class**

**March 31 - St. Joseph Church  
Deacon Dean Gilbert**

### Fast and Abstinence Regulations

**On Ash Wednesday, Good Friday, and all other  
Fridays of Lent: Catholics, age 14 and up, must  
abstain from eating meat.**

**On Ash Wednesday and Good Friday: Catholics,  
18 to 59 must fast. Church regulations for fasting  
limit us to eating only one full meal with two smaller  
meals not equaling the full meal, and no eating in  
between meals**

**God Bless You during your Lenten Journey**